

NAILS

(G) Gel Nails

Bio Sculpture Gel - The Ultimate hybrid chip proof , permanent colour, nail system, that has been Awarded "5 Star Safety Rating" by Paraxel for Natural Nails and is designed to repair, strengthen and condition your natural nails. The Gel dries in 30 seconds under a LED lamp, leaving you with a flawless glossy finish!!

"Professional Overlay "w" Soak Off (creating strength) (75mins)	\$75.00
"Evo" Gel Polish w' Soak Off (Oxygenating technology) (50mins)	\$59.00
Repairs w' Infills/Overlay.....(each)	\$ 5.00
Repairs - on their own(each)	\$15.00
Full Set Gel Sculpture Extensions.....(110mins)	\$115.00
Trio Package.....(3 Infills = Savings \$30)	\$225.00

(R) Renew Hands Anti-Ageing

Renew & Revive Sun Damage, Pigmentation, Skin Blemishes & Aging Hands

Hands are soaked in a warm hand bath with Potpourri Aqua & Rose Petals, to soften & nurture your skin, followed by Lactic/Glycolic Peel - to lift & remove dead skin cells, treat blemishes & fine lines. Then experience the benefits of "AlphaShape" Radio Frequency Treatment, for Collagen Therapy to Tighten, Plump & Tone your Skin & Diminish Wrinkles. - Smoothes your Hands!! Serums are then applied to nourish, completed with a Hand & Arm Massage.....(40 mins) \$50.00

(E) Express Mani'

Express Mani' - For Ladies on the Go.

Shape, Buff, Cuticle Work, Massage & Polish.....(30 mins) \$30.00

Signature Mani' - Treat your hands & nails to our PotPouri Aqua Soak and gentle exfoliation Salt Scrub (heavenly scented with Ylang Ylang, Camelia & Rose Geranium); then File, Shape your nails, Cuticle work; Buff; Massage, then Polish to Pefection!!.....(45 mins) \$49.00

(A) Acrylic

Creative Nail Design - The Rolls Royce of Acrylic systems - for a Beautiful

Natural Nail look.	Full Set.....(90 mins)	\$90.00
	Infill.....(75 min)	\$75.00
	Repairs w' Infill.....(each)	\$ 5.00
	Repairs - on their own.....(each)	\$10.00
	Soak Off w' Nail Treatment(from)	\$48.00
	Buff & Polish(35 mins)	\$38.00
	Trio Package.....(3 infills = Savings \$15)	\$210.00

(T) 'Terrific' Art

Glamour & Bling - Add some Sparkle to your Life - Fingers & Toes

Coloured Foil Nail Art.....(10 nails)	\$12.00
Foil Art.....(p/nail)	\$ 2.00
Diamontes.....(each)	\$.50
Glitter - All colours available.....(10 nails)	\$10.00
Glitter.....(p/nail)	\$ 1.50
Marbling - Amazing blend of colours.....(10 nails)	\$15.00
Marbling(p/nail)	\$ 3.00
Decals - All sorts of pictures & patterns.....(p/nail)	\$ 2.50

“FANCY” FEET

(F) Fab' Pedicures

“O” Heavenly Spa Pedicure – Like a Facial for your Feet.

Relax while your feet are being soaked in an Aroma footbath, Toenails & Cuticles are Shaped & Trimmed to Perfection, Dry Cracked Skin is whisked away with a “Fabulous” Pedi Tool , Pot Pouri Salt Scrub to Exfoliate, then a Beautiful Peppermint Foot Mask to Cool, Hydrate & Soothe your feet!! Ahhh....now Nurturing Massage to the knee and then add Colour to Enhance, Make your Feet Dance!!!(75 mins) \$85.00

“The Pedicure” - Essential Foot Care for Maintenance.

Aroma Foot Soak, Toenails & Cuticles Trimmed & Shaped to Perfection, Potpourri Salt Scrub for Exfoliation, Quick Foot File, then Relaxing Massage to the knee, Complete with Polish Colour of your Choice!!.....(50 mins) \$75.00

Toe Nail Make-Over – When your toe nails just need a bit of attention.

Soothing Hot Towel Wrap, Removal of old Polish, Toenails Trimmed & Shaped & Cuticle Work complete. Relaxing Foot Massage, Polished to Perfection!!(35 mins) \$49.00

(A) And Gel Toes

Permanent Colours – Say Goodbye to Smudged & Chipped Nails.

“Bio Sculpture Gel “ Protects & Conditions the Natural Nail, whilst lasting for Months & complete with a High Gloss Finish!! We first Soak your Feet in a Soothing Aroma Foot Bath, Toenails & Cuticles are Shaped & Trimmed to Perfection, Your Gel Colour of Choice is then applied & set under a LED Light Complete with a Relaxing Foot Massage, Shoes On & Your Out The Door!! (60 mins) \$75.00

(N) Nurture

Add “O” Heavenly Pedicure to Gel Toes – to Complete the Foot Ritual.

Known as the “Angelic Feet Treat”

Float away with Heavenly Feet & your Toe Nails Nurtured & Perfected with Permanent Colours of Bio Sculpture Gel, as per both “Treats” mentioned above!!.....(Value \$160.00).....(90 mins) \$125.00

“The Pedicure” & Gel Toes

For Perfect Foot Care Maintenance, (when you're not in need of the full Deluxe Spa version).....as per “Treats” mentioned above.

Value \$147.00).....(75 mins) \$107.00

(C) Creative Art

Extra Bling for your Twinkle Toes!! - Very “Fancy Feet”

<i>Coloured Foil Art & Patterns.....(10 nails)</i>	<i>\$12.00</i>
<i>Foil Art.....(p/nail)</i>	<i>\$2.00</i>
<i>Diamontes.....(each)</i>	<i>\$0.50</i>
<i>Glitter – All colours available.....(10 nails)</i>	<i>\$10.00</i>
<i>Glitter.....(p/nail)</i>	<i>\$1.50</i>
<i>Marbling – Amazing Colour Creations.....(10 nails)</i>	<i>\$15.00</i>
<i>Marbling.....(p/nail)</i>	<i>\$3.00</i>

(Y) Why??

Because Your Feet Deserve A Treat - They get walked on, kicked, abused and squeezed into shoes!! It's time to soothe, pamper and nurture our feet, for they carry us around the street...So put up your feet & give them a treat.

“LOVELY”

EYES

**“For Lovely Eyes, Seek out the Good in People,
because a thing of Beauty is a Joy Forever”**

(L) Lash & Brow Tinting Lash Tinting – Enhance your Eyes & Darken your Lashes with Custom Colour Choices of Brown/ Black/ Blue-Black/Violet, Lasts from 4- 6 weeks(20 mins)\$25.00

Brow Tinting – Defining your Shape & Frame your Eyes, with Custom Colour Blends of Brown/ Light Brown/Honey Brown & Graphite to best match your hair & complexion!.....(10 mins) \$17.00

(O) Outstanding Brow Shaping

Sculpting your Brows to Perfection

with Waxing / Tweezing & an 'Eye for Detail' to create your Perfect Shape!!.....(20 mins) \$28.00

(V) Value-Eye Make-Over All the above rolled into One - Magnificent Look

Your Lashes Beautifully Tinted, followed by Brows Shaped & Tinted to Perfection!! (Value \$68.00)..... \$55.00

(E) Eye Lash Grafting

The Ultimate in Thickening & Lengthening Lashes - Silk Lashes are intricately grafted to your own Lashes, one by one, while you are relaxing, eyes closed & generally have drifted into a nice sleep!! All different lengths are available & now Bling Diamontes!! The Silk Lashes are Permanent & last the life of your Lash, which sheds every few weeks, thus an Infill is required. Thus Creating Beautiful, Luscious, Longer, Thicker Lashes!!

Full Set(95 mins) \$135.00

Half Set.....(70 mins) \$ 90.00

Infills.....(60 mins) \$ 75.00

Package of 3 Infills.....(Save \$20.00) \$205.00

(L) Lash Lift

A Delicate Enhancement to Curl & Lift the Natural Lashes

Another Relaxing Treatment, whilst your Eyes are Closed & drifted away into a nice sleep!! The Lashes are Permed, creating a gentle Curl that Lifts & Enhances your Eyes. Lasts up to 3 months.

.....(45 mins) \$ 69.00

“Dynamic Duo” - Eyelash Perm & Tint!(Save \$19.00) \$ 75.00

(Y) Why Henna Brow Tattoo?

Le Marque Henna Brow Tint, derived from the native plant of India, Lawsonia Inermis, will complete the brows while enhancing shape and natural colour (5 to choose from to custom create, to make hair & skin tone flawless and durable).

“SUGARING”

The New Smooth

“Hair Free, Ingrown Free & Well Conditioned Skin

(S) Sugar Paste

Is Uniquely Applied by a Specially Trained Therapist, in the “Kennedy Technique” using “Alexandria Professional Sugaring” - THE BENEFITS:-

- No Sting!! - Hair is removed in its natural direction of growth
- Hair isn't broken off from it's root - Hair follicles aren't torn = no infection!!
- Hair removal intervals are extended!! - Hair removed as short as 1.5mm -
- Ingrowns are removed and eliminated!! - 100% eco friendly – you can eat it
- 100% bacteria free (sugar is antibacterial) - Not Hot = won't burn the skin
- 100% free of artificial fragrances & colours - All natural Ingredients!!
- Safe on varicose & spider veins
- Safe on dry, itchy, psoriasis or eczema skin
- Paste penetrates to lift debris,dead cells, unclog pores - No sticky residue

(U) Unbelievable Results for all over the Body

<u>Facial Sugaring :-</u>	Lip.....	\$15.00
	Chin.....	\$20.00
	Side Burns/Jawline.....	\$25.00
	Brow Sculpting /Shaping.....	\$28.00
	Full Facial Sugaring, inc Brows.....(Save \$20)	\$68.00
<u>Body Sugaring :-</u>	Under Arms.....	\$30.00
	Half Arms.....	\$35.00
	Full Arms.....	\$45.00
	Half Legs.....	\$40.00
	¾ Legs.....	\$50.00
	Full Legs.....	\$65.00
	Bikini.....	\$35.00
	G-Sting.....	\$50.00
	LA Bikini or Designer (Brazillian).....	\$75.00
	LA Bikini – Maintenance.....	\$60.00
	Full Body - (Inc: Face, Arms, Legs, LA Bikini, Save \$40).....	\$263.00

(G) Guaranteed

Hair Free & Ingrown Free!!!

Permanent Hair Reduction by 50% within 6 months, or it's FREE

Sugaring is the Key Smooth Skin – You'll See

(A) And the Men

<u>Body Sugaring :-</u>	Brows.....	\$25.00
	Chest.....	\$45.00
	Chest & Stomach.....	\$65.00
	Back & Shoulders.....	\$75.00
	Neck.....	\$25.00
	Full Legs.....	\$85.00
	Full Arms.....	\$55.00
	LA Bikini (Brazillian).....	\$98.00
	Full Body.....(Save \$70)	\$358.00

(R) Rewards & Retail Therapy

Sugaring VIP REWARDS PROGRAM available for you.

HEMOCARE to Exfoliate, Detox & Restore the Skin, far more Effective Results Guaranteed.

The “Full Circle of Skin Health & Conditioning!! * “HAVE YOU BEEN SUGARED YET”?

“ANTI-AGING”

FACIAL TREATMENTS

(A) AlphaShape

NON -SURGICAL Face-Lift, Neck-Lift, Jowls & Eye-Lift.

No Knife – No Down Time – No Wrinkles Radio Frequency treatment penetrates the skin, **stimulating new collagen production & tighten sagging loose skin.** The collagen produced will keep developing over the next 3 – 6 months and **last up to 3 years!!** Results are visible immediately.

1st Treatment – Your Therapist will do one side of your face first and show you the difference – Amazing - then complete full face lift.

Treatment is relaxing, warming and includes facial cleanse, exfoliate, vitamin & collagen serums, hydration and neck / shoulder massage.

Single Price.....\$199.00

Value Trio Package.....(\$175.00ea) \$525.00

Sensational 6 Pack.....(\$150.00ea) \$900.00

Deluxe 10 Package.....(\$120.00ea) \$1200.00

S
D

(N) “NanoPeels“

**Lactic Acid
Salicylic
& Glycolic**

De-ageing - “LASER RESURFACING IN A BOTTLE”

By “Mayerling” Skin Renewal System *Since 1993 Australian Dr Lawrence Ho has been working with a Pathologist to analyse the response of

various conditions to treatment. Significant Changes were noted for:-

Reduced Pigmentation from Aging, Sun-Damage & Pregnancy for Face, Hands & Decolletage. Improved Scarring, Large Pores & Wrinkles. Also giving Dull Lifeless Skin a Refreshingly Vibrant Appearance.

Single Price.....\$199.00

Course of 6 is recommended for effective long-term results.

Sensational 6 Package.....(\$150.00ea) \$900.00

PAYMENT PLANS “INTEREST-FREE” ALSO AVAILABLE

(T) The Diamond- Dermabrasion

Rejuvenation FOR SKIN HEALTH The diamond head is abrading the skin

and the gentle suction enlivens collagen formation and skin regeneration - treating fine lines, wrinkles, acne, scarring, hyper-pigmentation. dull & lifeless skin and general ageing. One treatment improves the luminosity, smoothness, and texture. A Course of 6 Treatments is best for more serious conditions such as pre-mature ageing, frown & lip lines, acne scars, stretch marks & scar tissue.

Single Price \$110.00

½ hr Express Diamond-Derm’ \$65.00

Value Trio Package.....(\$93.00ea) \$279.00

(I) Incredibly Relaxing Facials

WHEN YOU JUST FEEL LIKE A TREAT!!

1 hour of Pampering, including skin analysis, double cleanse, exfoliation, personalised mask, face, neck, shoulder & or foot massage!! rejuvenating,

active or soothing serums, eye gel, hydrating/balancing moisturiser,

sunscreen if during the day!!Mmm Heavenly \$88.00

½ hr Express Facial – when time is of the essence \$55.00

ADD-ON (15 Min) GL’O’W TREATMENTS!!(each) \$17.00

***Eye Rejuvenation – for dark circles/detox, firming, soothing & toning.**

***Lip Hydration – exfoliate, plump & nourish!**

***Beauty Flash Mask – Brightening, Firming, Detoxifying or Calming.**

“Eve Taylor” (Since1963) Luxurious aromatherapy, science, anti-aging, sensory & fragrant skincare, applied throughout these facials.

**INCH LOSS – You'll See.
MELT THE FAT – Is the Key.
& IT'S PAIN FREE.**

RESULTS or Money Back GUARANTEE.

(S) Sculpture your Body

“AlphaShape” - Non-Surgical 'Lipo Sculpture'

Ultrasonic Fat Cavitation System emits significant rhythmic waves, to induce enough negative pressure to form micro-bubbles around the treated tissue (adiposites), thus breaking it down to liquid, then the fat emulsion flows away through the cell membrane. Enabling us to treat specific areas of concern and gain great results!!!

(L) Localize Fat Removal

**Upper & Inner Thighs, Legs & Knees,
Abdomen (Tummy Tuck) & Waist ,
Hips (muffin tops), tuck-shop Arms,
Back/bra-strap Fat & Buttocks Lift.**

Immediate results after just one treatment.

Results may vary from one person to another.

No Surgery, No Injections, Non-Invasive & Pain-Free.

(I) Implode Cellulite

Smooth, Tone, Firm.

The high pressured small bubbles of fat cavitation, having a particularly unstable nature, implode, creating a pressure shock that invades the membranes of the adiposites (cellulite) determining their break-up. At this point, with the liberation of the lipids from the adiposity, it is necessary to go on with their mobilization through lymphatic draining.

(M) Massive Detox

Lymphatic Drainage – is applied via the AlphaShape vacuum suction, to drain the mobilized fat & cellulite away through to the lymph nodes, thus the body releases it and detoxify's the body.

SLIMMER, YOUNGER, HEALTHIER YOU.

PRICES

\$225.00 p/area

Package of 3 @ \$175.00ea = \$525.00

Package of 6 @ \$150ea = \$900.00

Package of 12 @ \$101.00 = \$1212.00

“HEAL and NURTURE”

(H) Hot Stone Massage

Heavenly Full Body Massage with heated volcanic stones

The stones have naturally been smoothed over time and sourced from fresh spring river beds. They contain natural minerals to revitalise the body, stimulate circulation and provide a feeling of total relaxation. The stones are applied and smoothed over the entire body, working deep into muscular aches and pains and tension is melted away.....(90mins) \$149.00

(E) Excellence The Royal Massage

Reflexology, Remedial, Relaxation and Restoration

This is the Royal Massage our unique “Touched by an Angel” technique

starting from the feet - hot towel, aromatherapy, reflexology connected movements up to the legs healing, relaxing, restoring, strength, stretch, stability, abdomen - Git movements & detox - neck, shoulders, scalp movements for release of knots, tension. Rolling over to the back for the final restoration and destination of peace.....(2 hours)\$180.00

(A) AromaTouch Technique

“O” signature massage- 7 essential oils – medicinal benefits

The AromaTouch Technique is a clinical approach to essential oil application, developed by Dr. David K Hill a leading expert in this area. The technique was created to combat stress, toxic insult, inflammatory response and autonomic imbalance of the nervous system. 7 Oils are:-

Balance- Grounding Blend – the warm woody aroma creates a sense of calm & well-being. A perfect blend of spruce, rosewood, frankincense, and blue tansy with fractionated coconut oil to offer an enticing fragrance that promotes tranquillity & a sense of balance.

Lavender- relaxes the body & reduces chronic stress. Treats anxiety, depression, colds, flu, headaches, migraines, hormonal balance, indigestion & insomnia. Just to name a few.

Melaleuca- detoxifies the body & strengthens immune support, improves circulation & treats muscle spasms, aches & pains. Also good for congestion, colds & flu.

On Guard- a unique blend & aroma to support healthy immune function, is superb for eliminating & controlling pathogens. Consists of wild orange, clove, cinnamon, eucalyptus & rosemary.

AromaTouch- therapeutic blend of basil, grapefruit, cypress, marjoram, peppermint & lavender – to relax muscles, calm tension, soothe irritated tissue, increase circulation, smooth & tone. Such a beautiful fragrance.

Deep Blue- the most amazing blend to ease arthritis, back pain, headaches, inflammation, joint & muscle pain. A blend of wintergreen, camphor, peppermint, blue tansy, blue chamomile, *Teucrium*, osmanthus.

Wild Orange & Peppermint- maintain balance in the nervous system.

*AromaTouch – the most amazing & lasting experience.....(45mins) \$79.00
Add Remedial, if you feel you need more?.....(add \$1 p/minute)*

(L) Love-Physio Therapy

Muscular-Skeletal Evaluation and Treatment – specialising in

sport and muscular injuries. Healing restorative techniques, exercise for strengthening, stretching and re-education of movement and Management, relief, healing.....(60mins) \$89.00 or (Package of 3 @ \$237.00=\$79.00 each)\$69.00 (Students and Pensioners)

Swedish/Remedial – Angelic combination of relaxing movements, healing hands & remedial stress busting techniques.....(30mins) \$55.00

EPIGENETIC” HAIR TESTING

Optimising Your Life

(H) Hair Test

Non-invasive, using 4 hair strands with roots attached, is placed on the S-Drive and digitally processed by converting a natural analog sine-wave to digital code and sending it via a secure internet connection to Hamburg Germany. These powerful supercomputers decode the information based on quantum biological indicators and create an optimal 90-day nutritional food plan to our PC within 15 minutes with a 30-page report.

(E) Epigenetics

The quantum biological indicators are different to typical static measurements using blood and other body fluid chemistry. Focus on the underlying factors that can support and maintain homeostasis and the overall state of the body. This information includes accumulated long-term issues, current short-term indicators and even influences that are not yet detectable. Influences that may have taken years to develop will take time to adapt to a new nutritional and dietary environment. Each 90-day period indicates where the body is in need of most support from a quantum energy flow perspective and provides direction for further optimization of the diet and nutritional food intake.

(A) Affect

Modern day living has many everyday influences that have an impact on and affect our body's natural processes. These include foods eaten; nutrients absorbed by the body; along with common environmental influences at home and work. Collectively these environmental impacts are known as epigenetics.

(L) Life

To live an optimised life – your environment controls up to 98% of your gene expression. It is the most crucial aspect of producing optimised cells. Currently, you and almost everyone are operating at a sub-optimal level due to the effects of the environment. Processed foods, low nutrient intake, toxins and chemicals, electromagnetic fields and extremely low-frequency influences are responsible for a breakdown in the body's normal day to day functions. These functions are driven by two basic processes:- 1) the quality of new cells your body creates to repair itself and 2) the nervous system and enzyme processes. These processes are entirely reliant on a constant supply of vitamins, minerals & amino acids. Your nervous system is strongly affected by toxins, additives & EMF/ELF.

(T) The Report

Will highlight key areas of your environmental influences such as:- Vitamin levels, Minerals, EFA's, Antioxidants, Amino Acids, Foods to increase and avoid, Toxins, Microbiology and EMF/ELF's. To optimise yourself you need to ensure these processes are working. Anything less & you can feel the effects of low energy, poor sleep, weak immune, poor concentration, irritability, general aches & pains, slow recovery, susceptibility to injury and more. If left in a sub-optimal state for too long then this can eventually lead to chronic health issues.

It's time to stop just surviving & start optimising!!!

(H) Health Plans

Your 40 Page Report includes a comprehensive Consultation for education, explanation, and recommendations based on your results.....\$250.00

WAXING

Traditional, Safe & Thorough Women & Men

Women

High Definition EyeBrow Shape.....	\$28.00
Lip and Chin.....(each)...	\$15.00
1/2 Leg Wax.....	\$35.00
3/4 Leg Wax.....	\$45.00
Full Leg Wax.....	\$55.00
Bikini Wax.....	\$25.00
G-String Bikini.....	\$40.00
Brazillian Wax.....	\$70.00
Brazillian Maintenance.....	\$58.00
Under Arm Wax.....	\$20.00
1/2 Arm Wax.....	\$30.00
Full Arm Wax.....	\$38.00

Men

Neck & Shoulder Wax.....	\$35.00
Back/ Shoulder & Neck Wax.....	\$70.00
Neck Wax only.....	\$22.00
Ear Wax.....	\$22.00
Brow Wax & Shape.....	\$25.00
Chest Wax.....	\$35.00
Chest & Tummy Wax.....	\$50.00
Full Leg Wax.....	\$85.00
Full Arm Wax.....	\$45.00

3 or more areas attract an additional 10% DISCOUNT